

## Express Scripts 2017 Drug Choices, Pharmacy Choices, Health Choices Overview

Product Name	Description	Targeting Philosophy	Reporting	MPPM Savings/ Value
<b>Drug Choices</b>				
Utilization Management - Minimal/Moderate/Aggressive	Prior authorization, step therapy, and drug quantity management. Configurations include Limited, Advantage, Advantage Plus, and Unlimited packages or the availability of individual rules	Medications that benefit from quantity restrictions, additional information or trial of another drug before use.	Activity and Savings	At least 3:1 ROI
Compound Management	Compound Management includes an exclusion list and an inclusion list.	The exclusion list was created to ensure compounds with select products are not covered based on certain criteria The inclusion list was created to ensure that compounded claims are not blocked due to commonly used inactive ingredients within compounds.	Activity and Savings	Reigns in Express Scripts Book of Business compound spend by nearly 95%
Counter Drug Strategy List	The counter strategy list identifies products which ESI strongly recommends a client not cover because there is no evidence that the products contained on the list are FDA approved or offer any therapeutic advantage over other products already recommended for coverage. Once we identify a product to be added to the Counter Strategy Drug List, we automatically review all other NDCs that are manufactured by that company to ensure that we conduct a thorough review of all potential products.	Products on this list may be suspect in use, that is, non-approved, non-DESI "drugs" that offer no therapeutic improvement over others in the same category or therapeutic grouping, may be significantly more expensive, or are packaged/marketed in such a way as to circumvent other ESI cost containment or therapeutic management programs/products.	Savings	Savings equal to the spend

## Express Scripts 2017 Drug Choices, Pharmacy Choices, Health Choices Overview

Expendable Drug List	Minimizes client exposure to high cost brand products in therapy classes that have nearly complete generic penetration or a long standing cost effective treatment.	High cost brand products in therapy classes that have nearly complete generic penetration	Yes	\$0.04 (2015 average)
Enhanced Fraud Waste & Abuse Program	Predictive modeling, analytics and investigations to identify fraud, waste & abuse	Excessive or unusual utilization patterns	Activity	abuse suspects incur an additional \$41 on the medical side for every \$1 in prescription claims
Enhanced Pharmacy Audit Program	This program goes beyond the base audit program by providing a greater level of service and analysis of the financial/billing side of the claims.	next day automated review process aids in the detection of high risk claims, followed by additional review by network auditors	Quarterly Pharmacy Audit Summary	varies by client
My Rx Choices	Member outreach strategy on lower cost channels and medications.	Medications and channels with alternatives	N/A	Member savings and safety
Drug Conversion Programs at Retail	Fax based physician outreach to request approval for plan preferred medications for patients. Upon physician approval, a letter is sent to members with next steps to obtain the plan preferred product at retail.	Single Source branded medications	N/A	Member and client savings
Drug Conversion Programs at Home Delivery	Physician outreach where pharmacists contact doctors to ask whether a plan-preferred drug is appropriate for their patient.	Non-preferred medications	Activity and Savings	Member and client savings
Value-Based Insurance Design (VBID)	Discounted or waived pharmacy copayment for specifically identified members engaged in disease management program(s)	Increase disease management engagement and align with client adherence strategy	N/A	N/A
Formulary Notification	Letter based member outreach on changes to formulary status	Non-preferred medications	N/A	N/A

## Express Scripts 2017 Drug Choices, Pharmacy Choices, Health Choices Overview

ACA Statin Trend Management Solution	<p>provides \$0 cost share statin coverage for members who meet the criteria defined in the USPSTF recommendation as the population for primary prevention (listed below). The USPSTF recommendation - Statin Use for Primary Prevention:</p> <ul style="list-style-type: none"> <li>☑ Low to moderate dose statin</li> <li>☑ patients aged 40 to 75 years, and</li> <li>☑ without CVD, and</li> <li>☑ have 1 or more risk factors (dyslipidemia, diabetes, hypertension, or smoking) for CVD, and</li> <li>☑ have a calculated 10-year risk of a cardiovascular event of 10% or greater</li> </ul>	members with a CVD claim or at risk for CVD	N/A	estimated 3:1 ROI
<b>Pharmacy Choices</b>	<b>The USPSTF recommendation - Statin Use for Primary Prevention:</b>			
Smart90 Walgreens/Smart90/Smart90 CVS	<p>Express Scripts' Smart90 Walgreens/Smart90/Smart90 CVS is a unique retail network solution offering optimal savings for clients and their members filling prescriptions for maintenance medications. Members can choose where they fill their 90-day maintenance prescriptions — either through the Express Scripts Pharmacy or at a 90-day network pharmacy location.</p>	Maintenance medications	N/A	ranges from 1.00 to 5.5% savings of maintenance drug spend
Exclusive Home Delivery (EHD)	<p>Maintenance medications covered only at home delivery after retail grace fills. Members who continue to use retail for those maintenance medications after the retail grace fills would pay 100% until they move those medications to home delivery.</p>	Maintenance medications	Statistics	Up to \$36 PMPY

## Express Scripts 2017 Drug Choices, Pharmacy Choices, Health Choices Overview

Select Home Delivery Solutions	Opt out capability or differences in out-of-pocket costs after retail grace fills guides members' choice between home delivery and retail.	Maintenance medications	Statistics	Ranges from \$21 to \$32 PMPY
Retail Networks	Networks ranging from narrow to broad array of ESI contracted pharmacies	N/A	Statistics	Varies
Exclusive Specialty Pharmacy	Offers the most effective specialty plan offering. It delivers maximum unit-cost savings to clients and ensures that patients receive the most consistent care.	Specialty medications	Savings and activity	On average, Exclusive Specialty delivers up to 2% unit-cost savings to clients
Worry-Free Fills	Auto refill and renewal program for medications at home delivery.	Select maintenance medications	N/A	N/A
<b>Health Choices</b>				
Concurrent DUR	Real-time process during claims adjudication that evaluates the claim for potential safety concerns and alerts the pharmacist before the prescription is dispensed to the member.	Medications with adverse drug risk concerns	Activity and Savings	Savings of up to 4% of drug spend
Retrospective DUR	Retrospective DUR analyzes prescription data to address patient health and safety issues across a client's population. The goal of this clinical safety program is to identify and help prevent adverse drug events.	Medications with adverse drug risk concerns	Activity and Savings	Savings of up to 1% of drug spend
RationalMed	Patient safety program using integrated data to assist physicians in identifying and correcting important therapy related safety risks	Medications with adverse drug risk, coordination of care, and omission of essential care concerns	Activity and Savings	Savings of 1-3% of drug spend

## Express Scripts 2017 Drug Choices, Pharmacy Choices, Health Choices Overview

ExpressAlliance	Improve care, adherence and cost savings for acute and complex conditions through web-based coordination of care providers	Patients with clinical and financial gaps in care	Population view of clinical opportunities, high risk patient, and user activity	Expected ROI 1:1
ScreenRx	Using predictive modeling, screen a population for current and future non-adherence and provide targeted interventions to overcome adherence obstacles	Patient non-adherence	Activity and Savings	At least 1:1 ROI
Academic Detailing (Physician Consultation)	Interactive communication with select physicians, promoting generics, adherence to treatment guidelines, and formulary	Varies by opportunity	Varies	N/A
Physician Practice Summary (Physician Report Card)	Quarterly mailings to promote the prescribing of lowest-cost drugs, taking advantage of waste reduction opportunities and adhering to nationally recognized treatment guidelines	Targeted physicians	Client-specific	N/A - educational
Mango Health Solutions	Express Scripts' new daily health solution, developed in collaboration with Mango Health, builds and rewards healthier, more productive individuals by fostering habits, knowledge, and skills for better health and control of chronic disease.	Better health and control of chronic disease	key metrics	N/A
Physician Care Alerts	The Physician Care Alerts solution concentrates on three modules: Adherence, Omission of Statins in Diabetes and High Risk Medications. All clinical interventions will be sent by electronic health record, fax or letter to prescribing physicians.	Patient gaps in care	Activity	N/A
Advanced Opioid Management	Our solution maximizes safety across the care continuum by minimizing early opioid exposure and helping prevent progression to overuse/abuse.	Opioids	Detailed Activity Reporting	Avoid unnecessary costs

## Express Scripts 2017 Drug Choices, Pharmacy Choices, Health Choices Overview

Personal Medication Coach	Telephonic based member outreach focused on prescription and over-the-counter medication use as well as adherence, and formulary alignment. Goal is to empower members to take an active role in managing their medication.	Non-preferred medications and non-adherent patients	Activity and Outcomes	Up to \$20 PMPY
Livongo	Express Scripts offers a diabetes remote monitoring solution, powered by our strategic alliance with Livongo Health, which provides Unlimited checking supplies (strips, lancets, and more), The In Touch® meter tracks strip usage and prompts members with supplies, and Real-time interventions by Certified Diabetes Educators for members with dangerous (high and/or low) blood sugar levels	Diabetes medications	N/A	prevent long-term complications and reduce overall healthcare costs.
Pharmacogenomics	Ability to achieve greater precision around therapy dose and/or selection that results in improved clinical outcomes and lower healthcare costs	Medications where testing has clinical value	Activity	N/A

## Express Scripts 2017 Drug Choices, Pharmacy Choices, Health Choices Overview

SafeGuardRx				
SafeGuardRx	Express Scripts SafeGuardRx is a suite of unique and unprecedented solutions that safeguard a plan's interests while ensuring important therapies and specialized care are available to patients that need it.	Hepatitis Cure Value (HCV) Program, Cholesterol Care Value (CCV) Program, Oncology Care Value (OCV) Program, the Inflation Protection Program, Diabetes Care Value (DCV) Program, Inflammatory Conditions Care Value (ICCV)Program, Market Events Protection Alert Program, Multiple Sclerosis Care Value Program (MSCV), Pulmonary Care Value (PCV) Program.	Savings	<p><u>HCV</u>: lowered cost of curative treatments by more than 50% in 2015. <u>CCV</u>: A cap of \$25 PMPY for 2016 or A cap of \$65 PMPY for 2016 if your plan's demographic has a higher current cholesterol drug spend or if your population is under 1,000 lives. <u>OCV</u>: ties the value of a product to its effectiveness by cancer type. <u>Inflation Protection Program</u> offers inflation guarantees. <u>DCV</u>: annual diabetes medication cost cap. <u>ICCV</u>: ties the value of a product to its effectiveness, <u>Market Events</u>: Minimizes the financial impact of major market events, <u>MSCV</u>:reimbursing the plan up to \$2,500 per 30-day prescription for the first three fills of preferred multiple sclerosis medications. <u>PCV</u>: ensures members are utilizing the lowest net-cost pulmonary medications</p>