



WPA 2023

**EU approach
on mental
health**



START



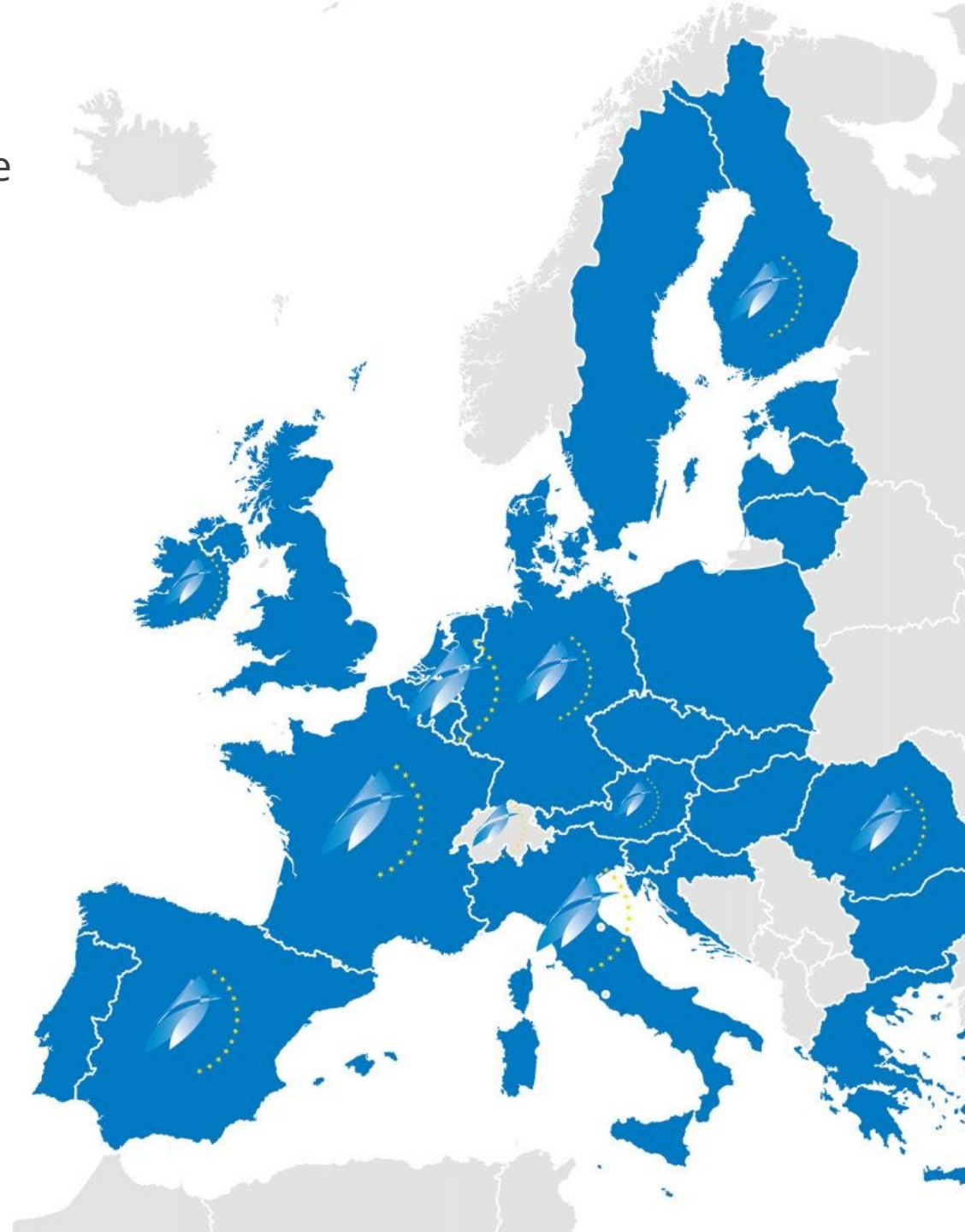
AEIP is a Brussels-based advocacy organization, representing Social Protection Institutions established and managed by employers and trade unions on a joint basis within the framework of collective agreements.

The Associate AEIP members are:

- Based in a European Country
- Paritarian institutions
- Non-for-profit
- Long-term institutional investors

AEIP currently has:

- 15 members from 11 European Countries
- 14 Task Force Members from 4 European Countries
- 80 million European citizens covered by AEIP members
- 1200 social protection providers represented
- 1300 billion assets under management (AuM)





European Association of Paritarian
Institutions of Social Protection

MISSION

Promotion of Paritarian Social Protection Schemes and defence of the shared interest of its members.

PHILOSOPHY

As a key player in the area of Social Protection at European level we promote responsible and efficient Paritarism across Europe and are recognized as an added-value for our members and partners.

WHO ARE WE?

AEIP is the leading non-profit association gathering institutions, organisations, companies and federations involved in the development and management of Paritarian Social Protection schemes in Europe.

WHAT DO WE WANT? (IDENTITY, DNA)

We have been entrusted by our members with the responsibility to protect and defend the Paritarian social protection schemes at the local and the European level. Our ambition is to be the leader exercising influence to strengthen and ensure sustainability of Paritarian social protection schemes.

WHAT DO WE DO?

Through our presence, our proposals and our communication we defend, develop and promote a responsible and powerful Paritarism as a means for optimal and efficient social protection.

WHERE DO WE GO IN MEDIUM TERM?

Our intermediate goals are the following:

- Fully ensure advocacy of our Associations' members' interests
- Managing our growth to focus on the sustainability of the current situation

WHERE DO WE GO IN LONG TERM?

Our ultimate goal is to be recognized as a major European player and as an inexhaustible source for improving efficient Paritarian social protection schemes in Europe and support our member organisations in this respect.

Mental health situation in Europe

The "**Health at a Glance Europe 2018 report**" highlighted that mental health problems affect about **84 million people** across the EU. Moreover, the total costs of mental health problems are estimated to amount to more than 4% of GDP across EU countries, equivalent to over €600 billion per year.

COVID-19 pandemic, unemployment and rising living costs, the pressures of the digital sphere and social media, the climate crisis and war in Ukraine have exacerbated the already poor levels of mental health, especially for children and young people in EU. During the pandemic, people in the EU affected by loneliness doubled compared to pre-pandemic years, reaching 26 %.

The "**Health at a Glance Europe 2022 report**" showed that almost one in two young Europeans report unmet needs for mental health care, and the share of young people reporting symptoms of depression in several EU countries more than doubled during the pandemic.

The EU comprehensive approach to mental health

On 7 June, the EC adopted its Communication on a comprehensive approach to mental health as part of the **European Health Union**.

The Communication's **20 flagships** –identifying financing opportunities worth **EUR 1.23 billion**– will support directly and indirectly Member States in achieving a comprehensive approach to mental health.

EU Approach

Adequate and effective prevention

Healthcare and treatment

Reintegration into society after recovery

The EU comprehensive approach to mental health

Promote good mental health through prevention and early detection

- European depression and suicide prevention initiative
- European Code for Mental Health
- Strengthened research on brain health

Invest in training and capacity building to reinforces MH across policies and improves access to care

- Training and exchange programmes for professionals
- Technical support for mental health reforms at the national level

Ensure good mental health at work by raising awareness and improving prevention

- EU-wide awareness raising campaigns by the European Agency for Safety and Health at Work (EU-OSHA)
- Possible future EU initiative on psycho-social risks at work.

The EU comprehensive approach to mental health

Protect children and the young during their most vulnerable and formative years

- Child and youth mental health network
- A prevention toolkit for children addressing the key health determinants of mental and physical health
- Better protection online and on social media.

Address vulnerable groups by providing targeted support to those most in need

- A special focus includes conflict-affected populations, notably people (in particular children) displaced from Ukraine and children in Ukraine subject to the trauma of war.

Lead by example

- Raising awareness and providing quality mental health support in humanitarian emergencies.