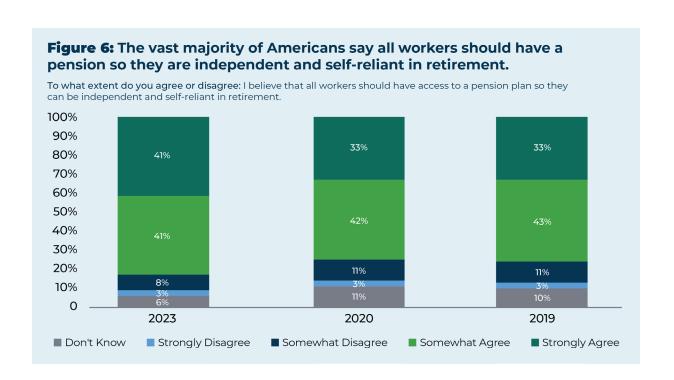
2024 NCCMP Annual Conference

# Income Adequacy in Retirement

March 8, 2024 / David Brenner, National Director of Multiemployer Consulting



#### "Retirement Insecurity 2024: Americans' Views of Retirement"



79% of Americans believe there is a retirement crisis, up from 67% in 2020

87% of Americans believe government leaders do not understand the difficulty in saving for retirement

66% of Americans are worried about health care costs in retirement



## Why is Financial Well-being in the News?

**68%** of workers are stressed about their finances<sup>2</sup>

Financial stress lowers health and happiness and increases social isolation<sup>1</sup> **Half of Americans** feel financially worse off than they did a year ago, the highest since the Great Recession<sup>3</sup>

**9.3 million** more Americans are living paycheck-to-paycheck compared to the prior year<sup>4</sup>

The national rent-to-income ratio reached 30% for the first time<sup>5</sup>

48% feel they don't have enough savings to handle an emergency expense

<sup>1 &</sup>quot;The Cost of Financial Precarity", Carrie Leana, Stanford Social Innovation Review, Spring 2019

<sup>2 &</sup>quot;Stress, finances, and well-being", John Hancock, December 2022

<sup>3 &</sup>quot;Half in U.S. Say They Are Worse Off", Jeffrey M. Jones, Gallup, 2/8/2023

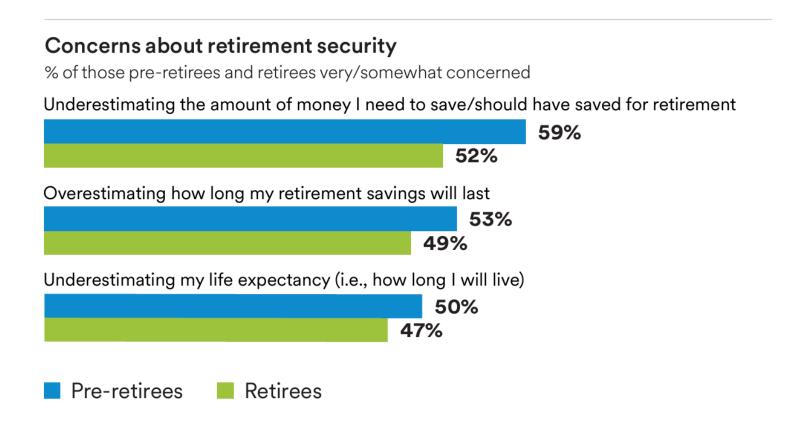
<sup>4. &</sup>quot;New Reality Check: The Paycheck-to-Paycheck Report", PYMNTS and LendingClub, January 2023

<sup>5. &</sup>quot;Key Takeaways from the 4th Quarter Housing Affordability Update", Lu Chen and Mary Le, Moody's Analytics, 1/19/2023

<sup>6. &</sup>quot;Inflation Taking Its Toll on Worker Financial Well-Being", EBRI, Fast Facts #452, 1/19/2023

### Personal Perceptions of Savings?

Pre-retirees and retirees fear they may not have properly planned for the sustainability of their retirement funds.

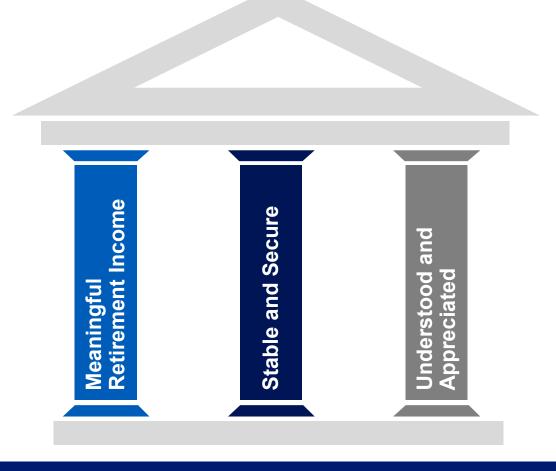




30% of pre-retirees believe they will have to delay their retirement age beyond where they had initially thought"



#### How is the Retirement Conversation Shifting?



#### Wealth: Legacy 401(k)-only Model

- Self-directed account balance
- Defined contribution, but uncertain income
- Complex process of converting savings into income

#### Income: Pension (or blended) Model

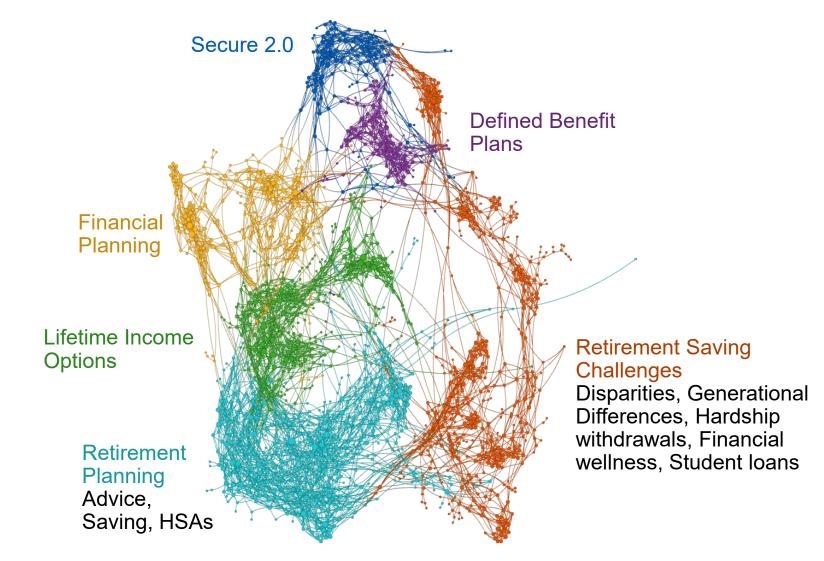
- Passive accruals
- Guaranteed income (including risk adjusted)
- Clear retirement target (i.e., replacement ratio)

Is the IBM pension announcement the beginning of a self-correction in the market toward a system of meaningful retirement income?

#### **Retirement News Scan: Broad Themes**



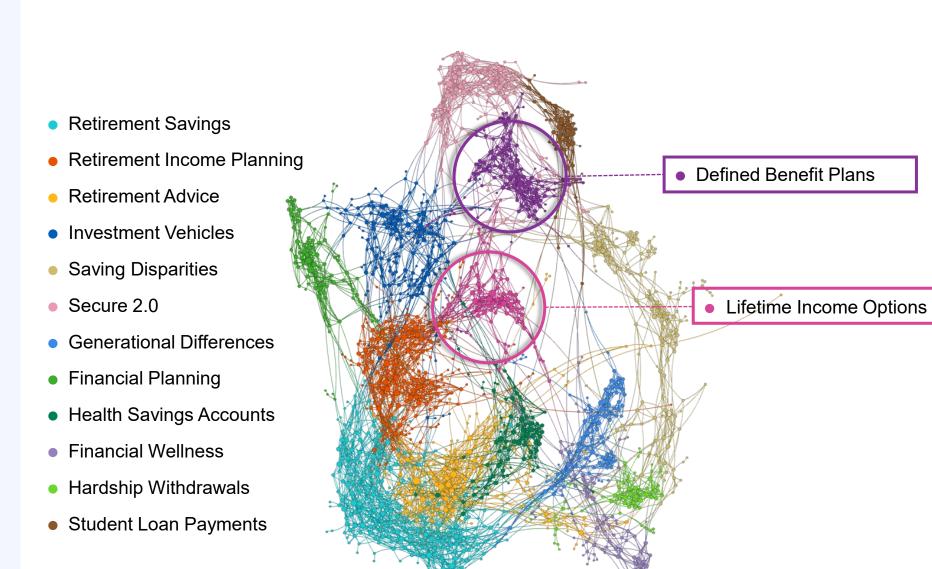
Over the past year, the news coverage of retirement issues largely focused on planning and advice, followed by saving patterns and challenges associated with gender, race and generational cohort.



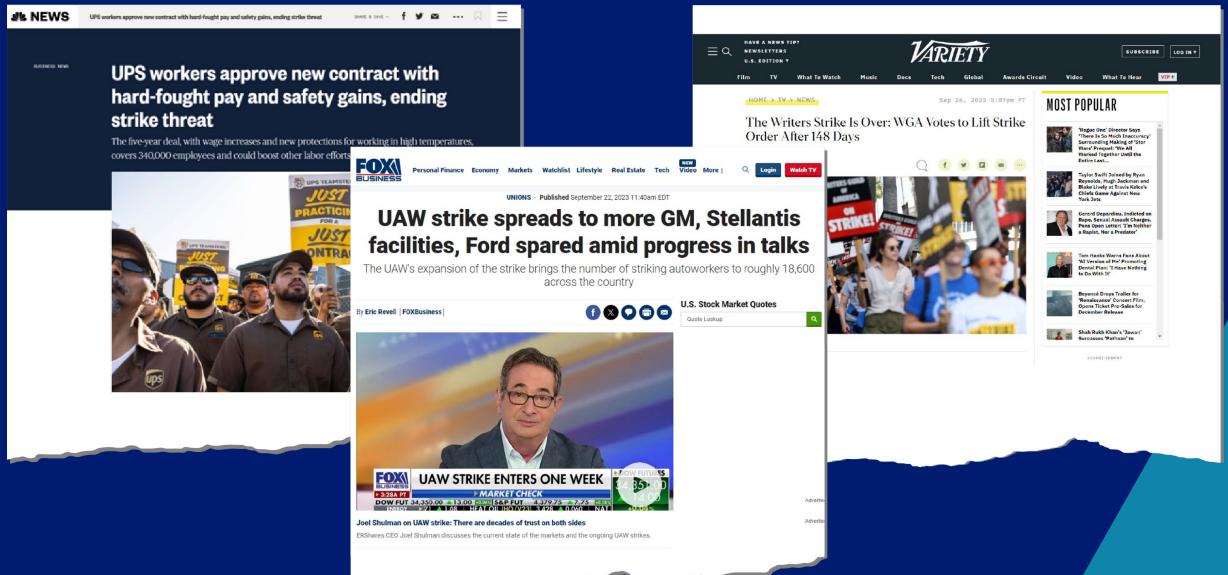
#### Retirement News Scan: Subtopics within the Themes



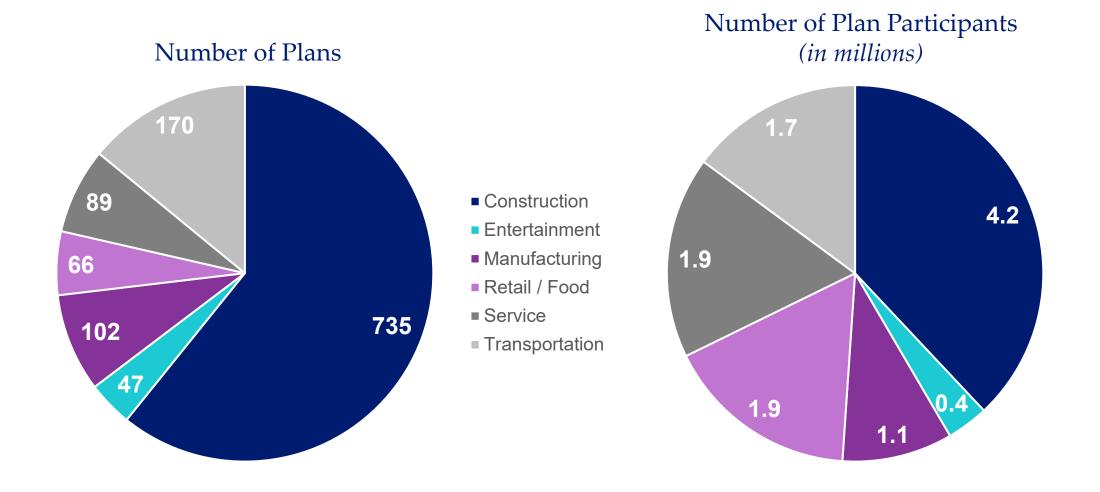
Looking at the subtopics within the themes, the conversation around Defined Benefit Plans and Lifetime Income Options are not closely connected to and are outside the central conversation around savings, income planning and advice.



## Strikes and Negotiations

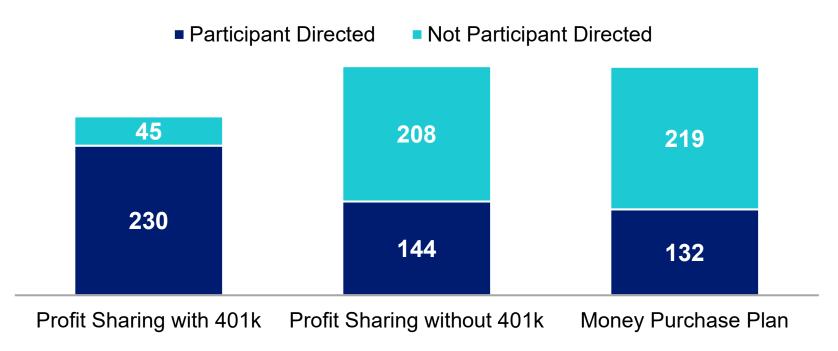


## The Multiemployer Defined Benefit Universe Plans by Industry



# The Multiemployer Defined Contribution Universe

#### Defined Contribution Plan Universe



There are over 4 million multiemployer participants with active defined contribution accounts totaling \$210.9 billion.

Profit sharing plans are more prevalent (627 total plans) than Money purchase plans (351)

Overall, more plans are not participant directed, however, if there is a 401k feature almost all plans are participant directed (84%)

## Creating a Financial Well-being Program

What should your financial well-being benefits accomplish?

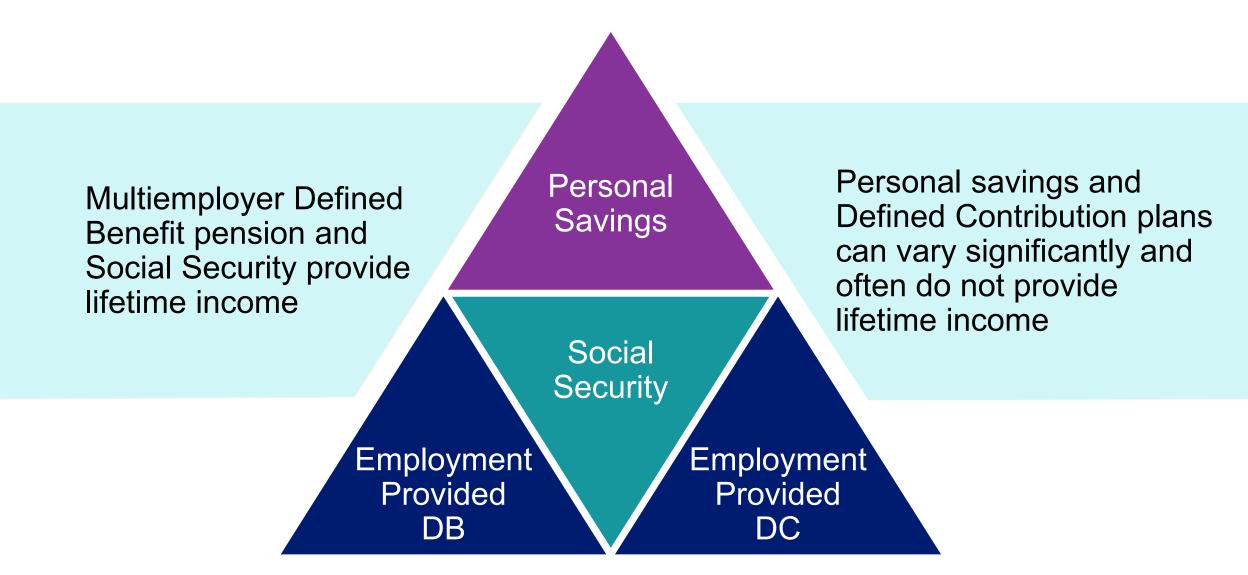
**Define Goals** Data Analysis What insights can be made from your data? At their most effective, well-being Measure benefits are responsive to change Signature Plan Evaluate outcomes of Synthesize goals and data and communicated strategy against insights into a comprehensive Results regularly. defined goals financial well-being strategy Execute and Engage

plan participants

Execute strategy and engage

**X** Segal

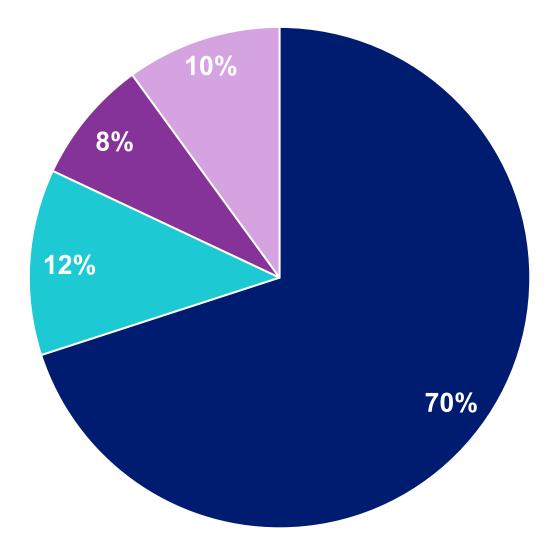
#### Sources of Retirement Income



### Replacement Ratio Theory Example



- Reduction Taxes
- No Work Related Expenses
- No Longer Saving in Retirement



The right ratio is different for each person and depends on several factors

#### Individual Example

#### Lifetime Income Example



Needed Retirement Income Guaranteed Lifetime Income

Social Security \$15,000

+

Employer Provided DB \$36,000

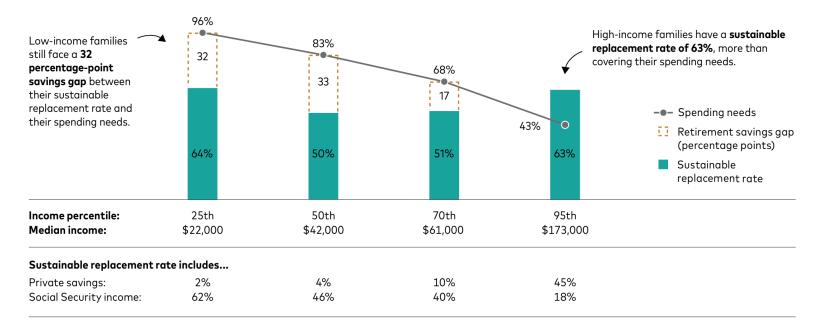
= \$48,000

How to Replace the Remaining \$19,000?

#### Replacement Ratio Experience Varies with Income Levels

High-income families have a sustainable replacement rate that more than meets their spending needs, while everyone else falls short

Sustainable replacement rate for the baby boom generation, by family income



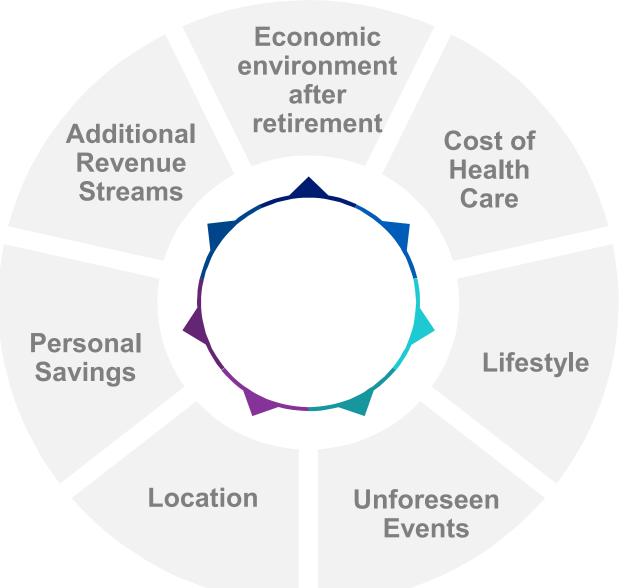
**Notes:** The sustainable replacement rate is the highest level of consumption as a share of pre-retirement income that can be sustained in 90% of market return/mortality scenarios. "Spending needs" measures the empirical consumption from the point of retirement as a percentage of pre-retirement income, using HRS and CAMS data. Percentages may not total 100% because of rounding.

Sources: Vanguard calculations, based on data from the Federal Reserve Board's SCF (2019), the HRS (2014), and the Social Security Administration (2019).

Higher income families generally have a sustainable replacement rate while lower income families tend to fall short

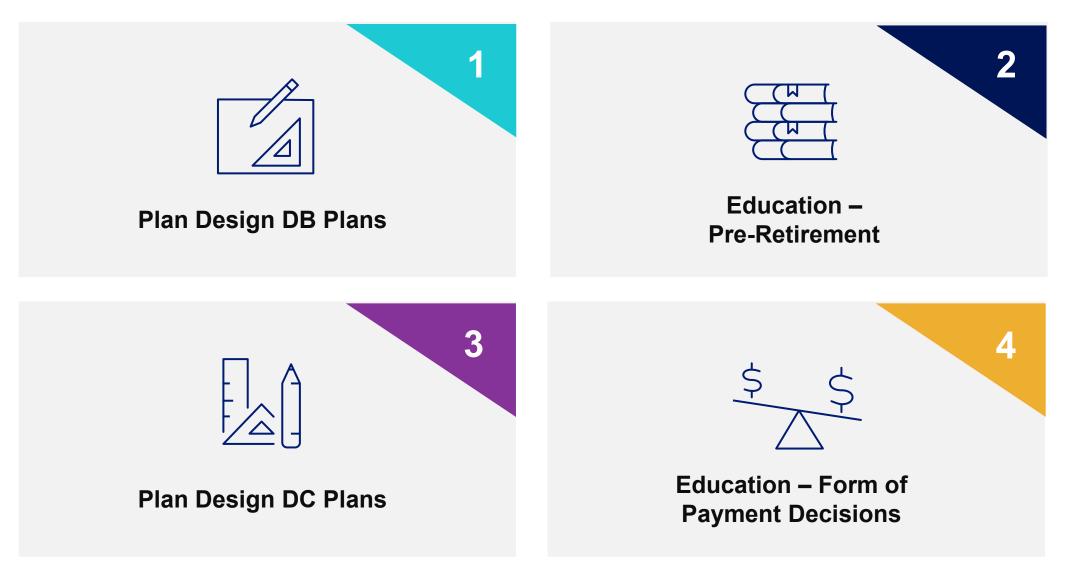
## Factors That Impact the Right Ratio

Not a one size fits all approach, in many cases retirement readiness will depend on individual circumstances





#### How Can Plans Help?



# How Can Plans Help? Plan Design Defined Benefit Examples



## Early Retirement Subsidy

Unreduced Benefit results in Higher Income Replacement

Encourages optimal retirement age; can be Industry specific

Can be expensive; must weigh cost versus benefit



## Bridge to Social Security

Supplemental Benefit through Social Security age

Level Income Option integrates pension with Social Security for no additional cost



## Post-Retirement Inflation Protection

Without protection against inflation, value of flat benefit erodes

Automatic COLA like Social Security can be expensive

Ad-Hoc COLA based on plan specific circumstance

### How Can Plans Help?

Plan Design Defined Contribution Examples



#### Review pre-retirement withdrawal behavior

- Loans
- Hardship withdrawals
- Separation of service rules



Review rollover distribution behavior



Education on when and how to withdraw

#### How Can Plans Help?

Amount of lump sum remaining and lump sum-depletion duration





The mean exhaustion time in years for DC plan money to run out is 5.1 years. For those with a companion DB plan it is slightly higher at about 6 years.

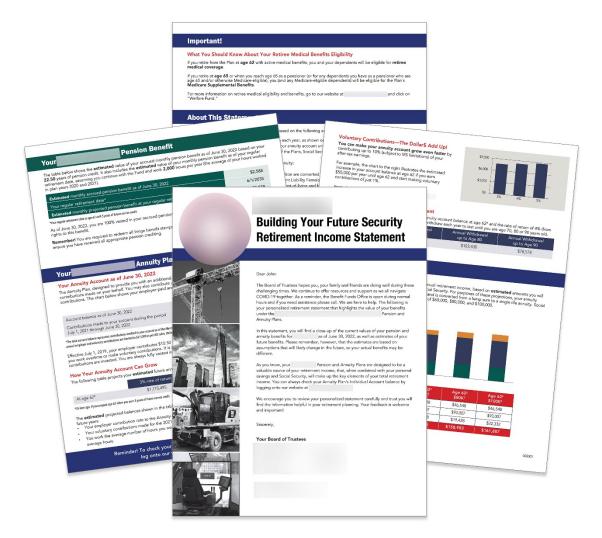
## How Can Plans Help? Participant Education Example

#### **Benefit Statements**

Snapshot of projected retirement income from various all sources: Defined Benefit, Defined Contribution, Social Security

Gets the conversation started: Educates on financial planning, participants can track progress year over year

Can help participants increase savings or share with financial planners to assist with retirement readiness



# Increasing Participation for Voluntary Deferrals



Build Awareness



Communicate Value



Drive Engagement

# Best Practices for Deeper Understanding of a Retirement Program



Frequent and ongoing promotion needed

Participants will need to be reminded regularly



Support and endorsement from stakeholders will be key

The Trustees and the Union have power to reaffirm value to participants



Coordinated rollout will help drive adoption

Holistic approach to messaging and implementation will help create a consistent and positive user experience



**Branding/co-branding a must-have** 

Your brand will instill trust



Peer testimonials will help increase engagement

#### Communication Will Drive Action

- Just-in-time approach works best
- Communicate frequently
- Use encouraging, direct language







- Include simple, clear calls to action
- Target and segment
- Repeat, repeat, repeat

#### People Need to Visualize It

## Make consequences of choices come alive

- Enhanced active choice
- Cautionary framing
- Loss aversion (FOMO)

#### **Personalized statements**

**Personas** 

Social proof

"People like me"



Consequences "need to be felt in vivid, concrete way"

Professor Sheena Iyengar Columbia School of Management

## Thank You

#### **David Brenner**

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